

Oakland Hills
After School Junior Tennis Workouts
Fall 2008

Junior tennis workouts will continue on Tuesdays and Wednesdays. Each class meets from **4:00 to 5:30 on courts 7-10**. These classes will focus on stroke basics, footwork, serving and doubles strategy.

The Tuesday class is designed for beginners to advanced beginners who need to develop their basic skills. Your child will learn how to prepare for and finish their strokes properly. Juniors who are ready to rally will be supervised so that their technique is maintained. Doubles and games will be used to develop their new skills. **Clinic will start on September 9th and will continue for ten weeks.**

The Wednesday class is not for beginners or players not ready for competition. This class is for the junior who can already serve, rally comfortably at medium pace and is ready to play competitively. The age of the junior is not an issue but skills are. Match play development is emphasized as well as stroke production. Also, matches with other clubs will be scheduled on Friday afternoons during the season. **Clinic will start on September 10th and continue for ten weeks.**

Please fill out the application and send your check to ensure your child's place in the class. Make checks out to Jerry Conrad and mail to 5382 Coach Dr., El Sobrante, 94803.

Tuesday Workouts: \$170.00

Wednesday Workouts and matches: Cost \$190.00

Participant(s) Name _____ Age _____

Parent's Name _____

Address _____ City _____ Zip _____

Phone Mother W _____ H _____ Cell _____

Father W _____ H _____ Cell _____

E-mail _____

Please circle workout desired Tuesday Wednesday

Parents with questions can call me at 510-262-9955 email: jerryconrad27@yahoo.com

- **Remember, no black soled shoes (even ones that say " non-marking")**
- **Call club at 3 pm for wet court information front desk # 531-3300**
- **Location: 5475 Redwood Rd, Oakland. 94619**